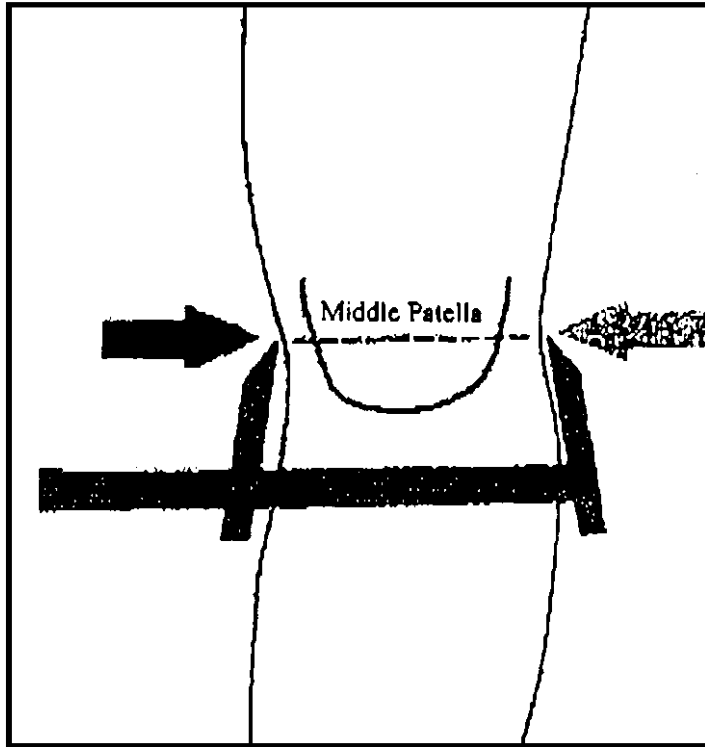


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## **How To Measure**

The measuring and sizing procedure described here is for use specifically with the CTi OTS, Flexsport, C180, & C180 Rocket knee braces. It is very important to complete your measurements correctly & accurately. A calliper measurement is required (if you do not have a calliper alternate instructions are provided).



### **CALLIPERS INSTRUCTIONS**

*To determine the knee size at the M/L joint space.*

The accurate measurement should be taken with the patient standing in a locked back weight bearing position; measurement is to be taken straight across the knee (through the middle of the knee cap) slightly depressing the skin on either side of the knee. (Do not measure the knee cap)

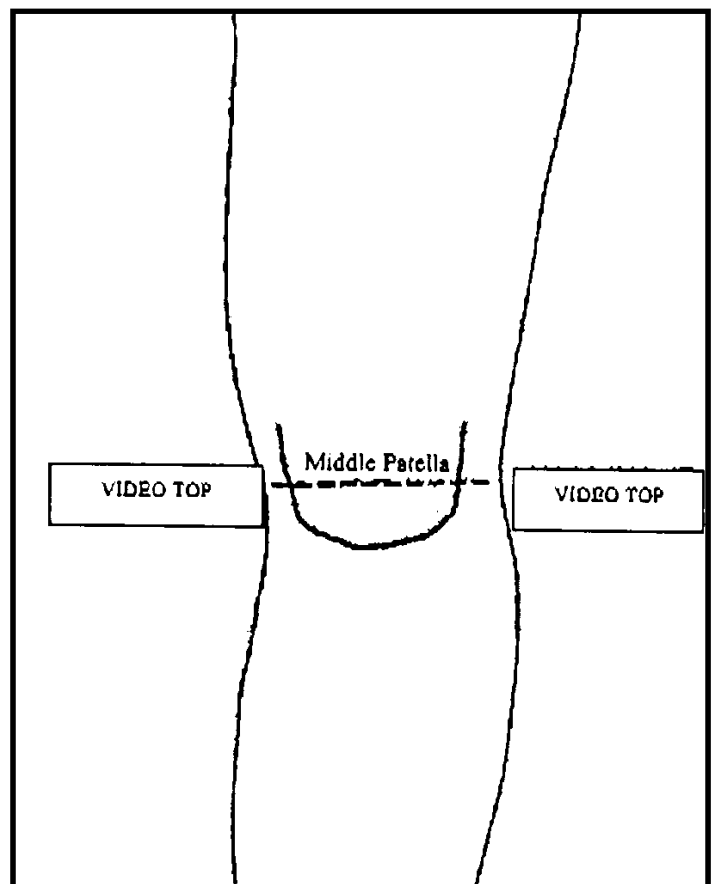
If the measurement borders on two sizes the smaller size is recommended to insure proper contact at the joint.

Callipers should be used for Knee Brace measurements for the most accurate sizing, if you do not have a calliper on hand please follow the instructions below.

### **USING RIGID VIDEO COVERS TO MEASURE**

Using two rigid covered video's can do the same job as the callipers - have the patient sitting on the floor, leg extended in front with toes pointing up, place the two video cover spines on either side of the knee (middle of the knee cap) and measure accurately between the spines depressing the skin slightly.

If you have any questions re the fitting & measuring of the knee brace please do not hesitate to call the office.



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